

# Thankfulness



## 4 Levels of Thankfulness

For each level, think of someone you know who fits that level. Then, acknowledge which level you fit.

1. Grumbler: They constantly complain. They brighten up a room just by leaving it.
2. Ungrateful: They don't complain; however, they don't give thanks.
3. Grateful: They give thanks only for the obvious things that go their way.
4. Earnestly Grateful: They give thanks to God all the time, even when things don't go their way.

## Why Should We Give Thanks Always?

- Without God's mercy, our sin would consume us. **Lam 3:22-23**
- Any blessings we get come from Him. **Psa 68:19** and **Jas 1:17**

## When, What, How?

When should you give thanks? **Eph 5:20** \_\_\_\_\_

For what should you give thanks? **Col 3:17** \_\_\_\_\_

How should you give thanks? **Col 4:2** \_\_\_\_\_

## I Am Thankful for:

For which of the following do you thank God? Add to the list.

<input type="checkbox"/> Christ's sacrifice	<input type="checkbox"/>
<input type="checkbox"/> Friends and family	<input type="checkbox"/>
<input type="checkbox"/> Place to live	<input type="checkbox"/>
<input type="checkbox"/> Fresh water to drink	<input type="checkbox"/>
<input type="checkbox"/> Food to eat	<input type="checkbox"/>

## Application Challenge: Two Thankful Gestures

- Say at least one prayer on each of the next 7 days that gives thanks to God and does not ask Him for anything.
- Send a letter / card or make a phone call to let someone know you are thankful for them.

for more Bible-study lessons, see the Tools page of:  
<https://gracelead.co>

**When, What, How? Word Scramble**

**A A S W L Y**

**G E V N E I R Y H T**

**Y E P A R R**