

Fruit of the Spirit Study Guide

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Study Overview

When you live in harmony with the Holy Spirit inside you, the Spirit changes you from the inside out. You’ll see nine supernatural, inner characteristics or graces (*Gal 5:22-23*).

toward God: soul’s wellbeing	toward others: relationships	toward self: godly living
<ul style="list-style-type: none">● love● joy● peace	<ul style="list-style-type: none">● patience● kindness● goodness	<ul style="list-style-type: none">● faith● meekness● temperance

Using This Guide

You may choose to use this guide:

- for personal study and reflection
- as a discussion guide with any group of people interested in exploring the fruit of the Spirit.

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1 – The Soul’s Well Being

Questions for Study or Discussion

- When do you **love** sacrificially and put the needs of others above your own (**1Cor 13:13**)?

- Which of the following help you experience **joy** in God (**Psa 16:11**)?
 - Pray to God (**Php 1:4**)
 - Worship God (**Luke 24:52**)
 - Obey God (**Psa 32:11**)
 - Serve God (**Ezra 6:22**)

- How can you learn to think as God does and thereby experience **peace** (**Php 4:4-9**)?

Dig a Little Deeper

Love	1John 4:7-11, Mat 5:43-48
Joy	1Pet 1:8-9, Jas 1:2-3
Peace	John 16:33, 1Cor 14:33

2 – Believer’s Relationship with Others

Questions for Study or Discussion

- What thoughts or actions can allow **patience** to work in your life (*Jas 5:7-8*)?
- What are some practical ways you can be **kind** to others (*Rom 12:10*)?
- On your own, it is impossible to be “**good.**” What actions do you take to be sure that you continue to grow in Christ (*2The 3:13*)?

Dig a Little Deeper

Patience	<i>Rom 15:5, Eph 4:1-2</i>
Kindness	<i>Titus 3:4-7, Eph 2:10</i>
Goodness	<i>John 10:10-11, 2The 1:11-12</i>

3 – Principles for Godly Living

Questions for Study or Discussion

- How would you rate your degree of **faith** (*Heb 11:1*)?

	not like me < - - - - > exactly like me
I believe God's Word.	1 - 2 - 3 - 4 - 5 - 6 - 7 - 8
I trust Christ during trials and suffering.	1 - 2 - 3 - 4 - 5 - 6 - 7 - 8
I am fully committed to Christ.	1 - 2 - 3 - 4 - 5 - 6 - 7 - 8

- In what ways do you demonstrate **meekness** in your relationships with others (*1Pet 3:4*)?

- Compared to a year ago, do you demonstrate more or less **temperance** in your daily life (*1Cor 9:25-27*)?

Dig a Little Deeper

Faith	<i>Gen 15:6, Heb 11:8-12, Jas 2:20-24</i>
Meekness	<i>Mat 11:29-30, 1Pet 3:15-16, 2Tim 2:24-25</i>
Temperance	<i>Rom 13:14, Php 4:5, 1The 5:6-8</i>