

1 THREE

Trinity

Study Guide



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Three in 1: Trinity

Study Guide

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Series Overview

The Trinity is one of the most unique, distinctive, and least understood teachings of Christianity. The actual word “trinity” is not in the Bible. We use the word to try to express the three-in-one nature of God (**1John 5:7**). This is important because to understand God better, we must be aware of this aspect of His nature.

Using This Guide

You may choose to use this guide:

- for personal study and reflection
- as a discussion guide with any group of people interested in knowing more about God.

1-Father

And God said to Moses, "I AM WHO I AM." And He said, "Thus you shall say to the children of Israel, 'I AM has sent me to you.'" (Exo 3:14, NKJV)

Then you shall say to Pharaoh, 'Thus says the Lord: "Israel is My son, My firstborn. So I say to you, let My son go that he may serve Me. But if you refuse to let him go, indeed I will kill your son, your firstborn.'" (Exo 4:22-23, NKJV)

Icebreaker: Father

Make a list of characteristics that describe a good father.

Discussion Questions

- In what ways is God UNIQUE (**Exo 8:10, Isa 45:5**)? Discuss how, in His image, He has made each of us unique.
- In what ways is God UNCHANGEABLE (**Psa 33:11, Mal 3:6**)? Discuss how this characteristic of God is reassuring to you.
- In what ways is God ETERNAL (**Psa 102:12, Gen 21:33**)? Discuss how knowing this can help you keep things in perspective.
- In what ways is God ALL-POWERFUL (**Jer 10:6, Amos 9:5**)? Discuss how the all-powerful nature of God concerns or comforts you.
- In what ways is God EVER PRESENT (**Deu 31:6, Josh 1:9**)? Discuss how this reassures you that He is always there for you.
- Discuss how you view God as your Father.

Dig a Little Deeper: God the Father

Consider these passages of God as Father. What do they tell you about your relationship with Him?

| |
|----------------------|
| 1Cor 8:6 |
| 2Cor 6:16-18 |
| Eph 4:6 |
| 1John 3:1-3 |
| 1John 4:14-15 |

Application Exercise: Your Father

Pray, telling God that you want to know Him as He desires. Pledge to let go of those things that are preventing you from getting to know Him as your Father.

2-Son

Scripture: **Exo 17:1-7, 1Cor 10:1-4**

Then all the congregation of the children of Israel set out on their journey from the Wilderness of Sin, according to the commandment of the Lord, and camped in Rephidim; but there was no water for the people to drink. Therefore the people contended with Moses, and said, "Give us water, that we may drink." So Moses said to them, "Why do you contend with me? Why do you tempt the Lord?" And the people thirsted there for water, and the people complained against Moses, and said, "Why is it you have brought us up out of Egypt, to kill us and our children and our livestock with thirst?" So Moses cried out to the Lord, saying, "What shall I do with this people? They are almost ready to stone me!" And the Lord said to Moses, "Go on before the people, and take with you some of the elders of Israel. Also take in your hand your rod with which you struck

the river, and go. Behold, I will stand before you there on the rock in Horeb; and you shall strike the rock, and water will come out of it, that the people may drink." And Moses did so in the sight of the elders of Israel. So he called the name of the place Massah and Meribah, because of the contention of the children of Israel, and because they tempted the Lord, saying, "Is the Lord among us or not?" (Exo 17:1-7, NKJV)

Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into Moses in the cloud and in the sea, all ate the same spiritual food, and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ. (1Cor 10:1-4, NKJV)

Icebreaker: Thirsty

Discuss what it is like to be thirsty. Tell some stories of people experiencing extreme thirst.

Discussion Questions

- We have spiritual thirst. The world cannot supply what our soul needs. Sometimes we don't recognize that there is a source of water available to us (**Exo 17:1-7, 1Cor 10:1-4**). Why don't we recognize it? The Rod represented the authority and power of Almighty God. Today's equivalent is the Word of God. As Moses lifted up the **Rod**, you can lift up **God's Word**. You can tell others about it. Discuss some practical ways to do that so people can recognize the source of water available to satisfy their thirsty souls.

■ If you seek water, a rock is probably not the first place you will look. God told Moses to go to the rock. This was not an ordinary rock. It was the Spiritual Rock. The water that comes from the Rock is free and life-giving (**1Cor 10:1-4, Isa 55:1**). What can we do to drink in the free, life-giving water in our daily lives?

■ Discuss how Jesus gives us peace with God.

▶ **Col 1:20**

▶ **John 16:33**

▶ **Acts 10:36**

In what other ways does He give us peace (**2The 3:16**)?

Dig a Little Deeper: Our Deliverer

Using the Scripture references in the table, make a list of things Christ does as our deliverer (**Col 2:10**).

| |
|---------------------|
| 2Cor 5:17 |
| 1Tim 4:10 |
| Luke 8:22-25 |
| 2Cor 4:7-10 |

Application Exercise: Follow His Example

Find a place to be alone with Christ. Ask Him to help you follow His example as God's Son. What changes will you make to your life to make it obvious to others that you are a child of God?

3-Spirit

Scripture: 1Pet 4:10-11

As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God. If anyone speaks, let him speak as the oracles of God. If anyone ministers, let him do it as with the ability which God supplies,

that in all things God may be glorified through Jesus Christ, to whom belong the glory and the dominion forever and ever. Amen. (1Pet 4:10–11, NKJV)

Icebreaker: Using Gifts

1. Materials: small pieces of paper (one per person); pens (one per person); a container to hold the crumpled papers (the “hat”).
2. Ask each person to write one of his or her talents on the paper then crumple the paper and toss it into the hat.
3. Draw a paper from the hat. Read the talent aloud.
4. Ask the group to think of ways a person could use that talent to serve others.
5. Repeat steps 3-4 until you’ve discussed all papers. (If you draw a talent that the group has already discussed, there is no need to repeat it.)

Discussion Questions

- Read **Matthew 25:14-30**. Discuss how this parable shows God’s view of those who don’t use their gifts as He intends.
- Discuss ways to determine which spiritual gift(s) God has given you. If you know others in your group fairly well, tell them if you see indications of a spiritual gift they may have.
- How are you using the gifts God gave you? How does God want you to use your gifts [**Col 3:17**, **Eph 4:11-12**]?

Dig a Little Deeper: Focus on the Gift-Giver

It is wise to focus more on the gift-giver than on the gifts He gives. Study [Romans 12:1-8](#). Make a list of key points from the passage.

Application Exercise: Using Your Gifts

To let God's love flow through you:

- Manage your gifts well by allowing Him to direct you. Pray each day asking Him how He wants you to use your gifts that day.
- Give Him the recognition and credit for anything He accomplishes through you ([1Cor 10:31](#)). Consider keeping a journal of these things to remind you how God is active in your life.

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